



Multi-Specialty GP Educational Dinner Monday 8 April

You are invited to attend our GP Educational Dinner.

Dr Jay Yohendran and the team at Northern Sydney Cataract are committed to providing high quality learning experiences that benefit our local GP community. We have listened to your colleagues requests, and our event will focus on five speciality areas – ENT, endocrinology, dermatology, gastroenterology and ophthalmology. Six local specialists will be presenting.

The presentations will be case-based with time for questions at the end of each talk. The event will be held at Annata Restaurant and Wine Bar in Crows Nest. A three-course meal will be served.

SPEAKERS

Dr Catherine Meller | ENT Surgeon
Update on facial disorders; treating Bells Palsy
and TMJ dysfunction

Dr Louise Goodal | Endocrinologist
Osteoporosis management update

Dr Nina Wines | Dermatologist
An update in acne management

Dr Crispin Corte | Gastroenterologist
Top ten gastroenterology questions

Dr Dov Hersh | Ophthalmologist
Oculomics - artificial intelligence in ophthalmology

Dr Megha Kaushik | Ophthalmologist
Common eyelid conditions

Dr Jay Yohendran | Cataract Surgeon
Event host

DATE

Monday 8 April 2024

TIME

Arrival 6.30pm

WHERE

ANNATA Restaurant
69 Willoughby Road
Crows Nest

RSVP

Friday 29/3
rsvp@nscataract.com.au

please email
your full name, practice,
dietary requirements



LEARN MORE ABOUT THE DOCTORS



A/PROF CATHERINE MELLER | MBBS(Hons), BAppSc, MCL, MBA
Ear, Nose, Throat, Facial Nerve and Facial Reconstructive Surgeon



Dr Meller completed her specialist ENT training through the Royal Australasian College of Surgeons, and graduated with honours from University of Sydney Medical School.

Dr Meller enjoys managing a wide range of adult and paediatric ENT conditions, and offers cutting-edge facial reconstructive and facial nerve reanimation surgery. Catherine spent 2 years training in innovative centres including the John Hopkins Baltimore, and the University of Virginia Charlottesville in the USA in order to learn both medical and surgical aspects of treating patients with facial nerve disorders, skin cancers and facial concerns including congenital and post-traumatic conditions.

She is affiliated with Prince Of Wales Hospital, Sydney Hospital, North Shore Private Hospital, Castlecrag Private Hospital, Chatswood Private Hospital, St Vincents Private Hospital.

Dr Meller specialises in head and neck skin cancer surgery and reconstruction, facial trauma and reconstruction, facial nerve disorders including congenital and acquired palsy, Bell's palsy, Ramsay Hunt Syndrome, iatrogenic facial nerve palsy, facial procedures including brow lift, blepharoplasty, eyelid tightening procedures, facelift, smile procedures, nasal and ear reconstruction, TMJ dysfunction.

Dr Meller lectures regularly at national and international conferences, including non-clinical topics such as 'Leadership in Medicine'. She is a member of the Academy of Surgical Education, and a spokesperson for the Royal College of Surgeons 'Women in Surgery' chapter.

Catherine is a member of the Prince of Wales Research Group and continues to collaborate with other researchers in regular publications.

Dr Meller enjoys collaborating with GP's about complex patients and cases, and strives to deliver high quality, patient centred care. She is also passionate about raising awareness and fundraising for the Head and Neck Cancer Foundation.



Dr LOUISE GOODALL | MBBS (HONS) MMED (CLIN EPI) FRACP
Endocrinologist



Dr. Louise Goodall, is a specialist endocrinologist, a research fellow at the Garvan Institute of Medical Research, and a lecturer at the University of Notre Dame. She has an interest in diabetes, osteoporosis, endocrine disorders in pregnancy, and general endocrinology. She practices as a visiting medical practitioner at St Vincent's Hospital in Sydney as well as Sydney Endocrinology.

Dr. Goodall completed her medical degree at the University of Western Sydney where she graduated with honors and was awarded the Derek and Shirley Howes Award for Academic Achievement and placed in the top three graduating students in her cohort.

Dr. Goodall completed the basic physician trainee (BPT) program at the Royal Prince Alfred Hospital prior to completing her Advanced Training in endocrinology through The Canberra Hospital, Prince of Wales Hospital, and St Vincent's Hospital. She was awarded a fellowship from the Royal Australian College of Physicians (FRACP) in 2022.

Dr. Goodall is currently undertaking a research fellowship at the Garvan Institute examining bone health in patients receiving hormone therapy for breast cancer.

Dr. Goodall is actively involved in medical education, currently working as a lecturer at Notre Dame University and holding a conjoint associate lecturer position at the University of Western Sydney. She has previously been a conjoint associate lecturer at the University of New South Wales and a clinical teaching fellow at the University of Sydney.

She has published her research in peer-reviewed medical journals and presented her research and challenging clinical cases at national and international endocrine conferences. She continues to attend diabetes and endocrinology conferences annually to keep up to-date with best evidence-based practice.



Dr NINA WINES | BSC MBBS DRANZCOG FACD
Dermatologist



Dr Nina Wines is a co-founder and principal dermatologist of Northern Sydney Dermatology & Laser, a leading Sydney group specialist dermatology practice. She is known for delivering high quality expert and ethical dermatological care in an approachable and individualised fashion. She is a passionate teacher and mentor, presently acting as the New South Wales Director for Mentorship for the Australasian College of Dermatologists and is a visiting medical officer at the Skin Hospital.

Dr Wines is a Fellow of the Australasian College of Dermatologists and has a degree in Science and a degree in Medicine and Surgery (University of Sydney) and a Diploma of Obstetrics and Gynaecology.

Dr Wines is an experienced procedural dermatologist. Her special interest areas include skin cancer, rosacea, acne scarring, obstetric (pregnancy) dermatology, laser and aesthetic dermatology. She is known for combination laser treatment, delivering safe, effective and rapid results by combining the latest laser technology in one treatment. She believes in the restoration and maintenance of total skin health at all ages and continues to work on improving what our technologies can achieve together. Dr Wines also performs rejuvenation treatments including soft tissue fillers and anti-wrinkle and believes in achieving subtle and elegant results so that her patients age well and retain their natural appearance and character.

Dr Wines enjoys teaching, training and ongoing professional development and regularly attends and lectures at conferences, both in Australia and Internationally. She regularly provides expert dermatological information to the media, was the consulting dermatologist for L'Oreal in 2017, and is a committed supporter and volunteer doctor for the charity 'so they can' in Nakuru, Kenya Africa.



DR CRISPIN CORTE | BSc (Med), MB, BS (Hons), FRACP
Gastroenterologist



Crispin Corte is the clinical lead of the Chris O'Brien Lifehouse Rapid Access Endoscopy program and has been working in Lifehouse theatres since their opening in 2014. He works as a clinical lecturer at Sydney University faculty of medicine, a gastroenterologist and researcher at Concord Hospital in the inflammatory bowel diseases (IBD) unit, and at Macquarie University Hospital. Crispin completed specialist training in Sydney in 2010, undertaking a fellowship in advanced endoscopy and endoscopic ultrasound. He was retained by Concord Hospital as a consultant gastroenterologist immediately after obtaining fellowship from the Royal Australasian College of Physicians, whilst he worked on his doctoral research, before transferring to the John Radcliffe Hospital in Oxford (UK) to continue research in IBD and colonoscopy.

While in Oxford, he studied IBD under Simon Travis, immediate past president of the European Crohn's and Colitis Organisation (ECCO), and published papers on IBD and quality assurance and safety in colonoscopy. He is published in colonoscopy, colon cancer screening, IBD research and advanced endoscopy, and has received awards and grants locally and overseas. His research into the use of pharmacological agents to improve polyp detection was the first of its kind.

Crispin has a particular interest in high quality patient care, and providing state of the art services in colonoscopy, gastrointestinal cancer screening and IBD. Crispin welcomes referrals to the Lifehouse RAE program.



Dr MEGHA KAUSHIK | FRANZCO, MBBS (Hons), BSci (Med Hons), MPhil, MPH
Oculoplastic Surgery, Cataract Surgery, General Ophthalmology



Dr Megha Kaushik is an Australian trained specialist in oculoplastic surgery, cataract surgery and general ophthalmology.

Dr Megha Kaushik is a fellow of the Royal Australian and New Zealand College of Ophthalmologists. She was brought up in Newcastle, Australia and completed her medical training at the University of New South Wales, graduating with honours. She completed her specialist Ophthalmology training at Sydney Eye Hospital. Dr Kaushik undertook subspecialty training for three years in the United Kingdom. She is dual trained in Oculoplastic Surgery from Moorfields Eye Hospital, London and Neuro-ophthalmology from University Hospitals Birmingham. Her areas of expertise include eyelid surgery, blepharoplasty, lacrimal surgery, orbital surgery, thyroid eye disease, optic neuropathy, idiopathic intracranial hypertension, and cataract surgery.

Dr Kaushik also has a background in ophthalmic research with a Masters in Philosophy (Medicine) and Masters in Public Health. Her publications in international peer reviewed journals are listed on Research Gate. She is a regular reviewer for international ophthalmology journals and has been a co-investigator in a thyroid eye disease multicentre international clinical trial.

Dr Megha Kaushik is a Visiting Medical Officer at Royal Prince Alfred Hospital.



Dr DOV HERSH | FRANZCO, M.Med (Ophth), MBBS (Hons), B. Com (IT)
Medical Retina, General Ophthalmology



Dr Dov Hersh is an ophthalmologist with rare dual international fellowship qualifications from two of Europe's premiere eye institutions, Bristol Eye Hospital and Moorfields Eye Hospital, London. During his fellowships Dr Hersh trained with pioneers in the medical retina field and was appointed as an investigator in an array of multi-national clinical trials studying emerging treatments for retinal diseases.

Dr Hersh has published multiple manuscripts in international peer reviewed journals and ensures to keep up-to-date with the latest advances. He is particularly interested in the management of retinal disorders including macular degeneration, diabetic eye disease and vein occlusions.

Prior to his medical career Dov gained a Bachelor of Commerce degree at UNSW, specialising in Information Technology. As a medical student he established telemedicine projects in developing countries. In recognition of his efforts Dov was awarded semi-finalist for young Australian of the Year.

Dr Hersh is an accredited Designated Aviation Ophthalmologist (DAO) for the Civil Aviation Safety Authority. He is qualified to conduct eye examinations for Class 1 and 3 licences for pilots, air traffic controllers and individuals applying for aviation licenses.

Dr Hersh understands the importance of listening to his patients needs and takes pride in keeping up-to-date with the evidence and latest advances in ophthalmology so he can individualise the care he provides.



Dr JAY YOHENDRAN | FRANZCO, MBBS (Hons), Grad Dip Med (Cataract), MPH, B Med Sci.
Cataract Surgery



Dr Yohendran is an ophthalmologist specialising in refractive cataract surgery. He graduated with Honours from the University of Sydney Medical School in 2001, and was awarded the Claffy Prize in Ophthalmology. Prior to this he completed a Bachelor of Medical Science degree at Sydney University, and later a Masters of Public Health at NSW University.

After completing ophthalmology training at the prestigious Royal Victorian Eye and Ear Hospital in Melbourne, he returned to Sydney, just before his wife gave birth to the first of his two sons in 2009.

Dr Yohendran subsequently completed a Fellowship in comprehensive ophthalmology at Royal Prince Alfred Hospital, whilst undertaking a Graduate Diploma in Cataract and Refractive Surgery at Sydney University. He had also completed a twelve-month Fellowship in Glaucoma at Sydney Eye Hospital.

Dr Yohendran is a member of the Royal Australian and New Zealand College of Ophthalmologists, as well as the Australasian Society of Cataract and Refractive Surgeons. He is a very experienced cataract surgeon, and currently one of Australia's highest volume cataract surgeons. He had also performed thousands of intravitreal injections, for the treatment of macula diseases. Dr Yohendran is also proficient in pterygium and glaucoma surgery.

He enjoys teaching, and is the Head of the Ophthalmology Department at Royal Prince Alfred Hospital, where he helps to train the next generation of ophthalmologists. He comes from a family of doctors, with both of his parents working as GPs in Sydney for over forty years. His wife is a GP also, working in Cammeray.